

Two Rivers Landing

Two Rivers Landing is an Evaluation and Treatment Facility located in Yakima, Washington. Two Rivers Landing serves children and adolescents between the ages of 11 and 17. Clients can be admitted either voluntarily, or under the Involuntary Treatment Act for children who are at least 13-years-old. Clients are admitted when they are demonstrating an increase in mental health symptoms that cannot be safely managed in the community. Typically, clients are admitted in response to being a danger to themselves, a danger to others, or because they are gravely disabled and cannot care for their basic health and safety. The typical length of stay is between 7 and 10 days. Once admitted, clients will receive the following services:

- A psychiatric evaluation within 24 hours of admission
- A psychosocial intake evaluation completed by a Master's Level therapist and Child Mental Health Specialist within 24 hours of admission
- A nursing assessment within 4 hours
- A physical assessment within 24 hours
- Daily individual therapy sessions
- Daily appointments with a psychiatrist or other prescriber
- A variety of psycho-educational and behavioral groups held throughout the day
- A minimum of one family or community support session will be offered during the stay
- Time and support to complete school work
- A trauma-informed milieu that seeks to provide care in a safe and supportive environment
- Two Rivers Landing does not use restraint or seclusion

Families are encouraged to participate in the treatment process as much as possible. The staff at Two Rivers Landing will actively seek out family and community supports to aid in the treatment provided while a client is admitted. This can include family, schools, coaches, social workers, or spiritual leaders. The staff at Two Rivers Landing recognize that admissions impact the family and support systems of all clients and strive to provide comprehensive care to all those involved in the client's life whenever possible.

Outpatient treatment providers are strongly encouraged to participate in the treatment process. Please inquire about attending a multi-disciplinary staff meeting, either in person or over the phone. Additionally, outpatient providers will be invited to participate in the family/community support session offered.

Most admissions are facilitated through designated mental health professionals. In order to refer clients for a designated mental health professional evaluation please contact your local crisis line which can be found by following this link: <https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/state-mental-health-crisis-lines> . Additionally, you can contact the facility directly at 509-469-3727.

For more information, or questions about the Bridges program, please call Tim Shields, Division Director of Evaluation and Treatment Facilities at 509-469-3727 or tshields@cwcmh.org.